



## BOOKS AND DVDs

### RECOMMENDED BY PARENTS TO PARENTS

Parents of SUN, South Staffordshire are beginning to put together a list of books and DVDs that they themselves found really helpful.

If you would like to recommend, or review, a book or DVD, please contact Marie at Parent Partnership Service on 01785 356921 or email [spps@staffordshire.gov.uk](mailto:spps@staffordshire.gov.uk).

#### DVDs – Autism.



#### **After Thomas DVD (2006)**

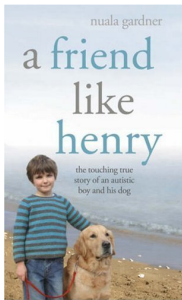
A true story about a couple's struggles to meet the challenges of their son's autism.



#### **Snow Cake DVD (2006)**

A drama focused on the friendship between a high-functioning autistic woman (Weaver) and a man (Rickman) who is traumatised after a fatal car accident...

## Books - Autism



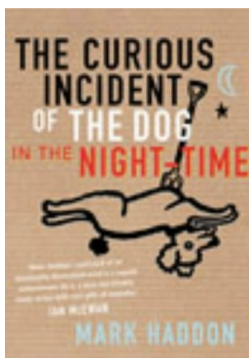
### **A friend like henry: The remarkable true story of an autistic boy and the dog that unlocked his world by nuala gardner**

This is the inspiring account of a family's struggle to break into their son's autistic world - and how a beautiful retriever dog made the real difference.

Dale was still a baby when his parents realised that something wasn't right. Worried, his mother Nuala took him to see several doctors, before finally hearing the word 'autism' for the first time. Scared but determined that Dale should live a fulfilling life, Nuala describes her despair at her son's condition, her struggle to prevent Dale being excluded from a 'normal' education and her sense of hopeless isolation. Dale's autism was severe and violent and family life was a daily battleground.

But the Gardner's lives were transformed when they welcomed a gorgeous Golden Retriever into the family. The special bond between Dale and his dog Henry helped them to produce the breakthrough in Dale they had long sought. From taking a bath to saying 'I love you', Henry helped introduce Dale to all the normal activities most parents take for granted, and set him on the road to being the charming and well-adjusted young man he is today.

This is a heartrending and fascinating account of how one devoted and talented dog helped a little boy conquer his autism.



### **The Curious Incident of the Dog in the night-time by Mark Haddon**

This is a murder mystery novel like no other. The detective, and narrator, is Christopher Boone. Christopher is fifteen and has Asperger's, a form of autism. He knows a very great deal about maths and very little about human beings. He loves lists, patterns and the truth. He hates the colours yellow and brown and being touched.

He has never gone further than the end of the road on his own, but when he finds a neighbour's dog murdered he sets out on a terrifying journey which will turn his whole world upside down.