

ASSISTIVE TECHNOLOGY LINKS, APPS AND WEBSITES YOU MAY FIND USEFUL



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Useful Assistive Technology Sites:

Ask Sara

For more information on a range of options, Ask Sara helps you find useful advice and gadgets in an interactive website visit:

<http://asksara.dlf.org.uk/index.php?auth=childrens>

Staffordshire Cares

<http://www.staffordshirecares.info/Homepage.aspx>

Me, Myself & I is a fun and interactive game to help you say what is important to you and help you find the information, advice and services you need.

<http://www.memyselfandigame.co.uk/>

AThorne Campaign

The AT Home campaign is a collaboration amongst the 14 Local Authorities covering the West Midlands, supported by companies who operate in this market. The campaign aims to encourage people to think about how independent living and mobility equipment, also known as **assistive technology**, can help you, or someone you care for, to continue to live independently in a healthy and safe environment at home. Visit www.AThome.uk.com

Video links – dressing, medication, Box of trix, gadgets – iphone and tracker; social stories.

- Simple ways to help with medication – everyday gadgets. Visit: <https://www.youtube.com/watch?v=V3GTnPTvQPE>
- Lee's Box of Trix – Everyday Gadgets. Visit https://www.youtube.com/watch?v=noSLzV_FAjs
- Simple ways to help with dressing and washing – everyday gadgets. Visit: <https://www.youtube.com/watch?v=eMe8YHEabJU>

- Personal story on how everyday gadgets, such as an iPhone and Tracker, have helped with independence. <http://www.athome.uk.com/testimonials-2/>.
- Social story imovie tutorial. <https://www.youtube.com/watch?v=QMwh8nQUpl4>

Canary care

Canary can help people live in their own homes for as long as possible by making older and vulnerable people feel secure and by providing round the clock reassurance to their families. Visit:

<https://www.canarycare.co.uk/>

Daily Living Equipment

Daily Living Equipment – Living Made Easy <http://www.livingmadeeasy.org.uk/>

Daily Living Equipment – Loan library <http://www.dlf.org.uk/library>

- **Packet Openers** - safety knives which can cut plastic, paper, cardboard or string. The safety knives are handheld, some have magnets so they can be kept on a fridge door. The purpose is to help stop people cutting their fingers. Here is a couple of links to Amazon and advice from DLF. <http://goo.gl/LZAMbd>; <http://goo.gl/NzLhlm> and <http://goo.gl/MRT6rD>
- **Nimble – The 1 Finger Wonder Tool.** <https://www.indiegogo.com/projects/nimble-the-1-finger-wonder-tool--2#/>

Medscene Pharmacy

Medication pouches – visit <http://medscenepharmacy.co.uk/>

Hft Smart House

Visit their virtual Smart House which shows some of the technologies that a person with a learning disability may use around their home to improve their independence and increase their safety. <http://www.hftsmarthouse.org.uk/#prettyPhoto>

Independent for longer This website has been developed as an awareness tool that showcases real life examples of technology enabled care services through the eyes of the individual service user. Visit: <http://www.independentforlonger.com/>

Mi (More independent) – Telecare

Telecare offers technology that is monitored by a team of people ready to provide help when needed. Care technology can make everyday life much easier, and give you the peace of mind that help is only the touch of a button away. For more information visit: <http://www.moreindependent.co.uk/news/what-is-telecare/>

Enabled by Design

Is a social business run on a not-for-profit basis for the benefit of the community. It's all about people-powered products and services. Visit: <http://enabledbydesign.org/>

Locators:

This is a free app for android and apple phones to help parents support children with location and sos alert, etc

<http://getbsafe.com/>

Here are some other options:

<https://www.appadvisor.me/app/related/660928>

This is an example of the purse/ satchel/ keyfinder discussed at the SUN Meetings.

http://www.amazon.co.uk/dp/B00PLEAB9A/ref=pd_lpo_sbs_dp_ss_1?pf_rd_p=569136327&pf_rd_s=lpo-top-stripe&pf_rd_t=201&pf_rd_i=B00ZGVDBR2&pf_rd_m=A3P5ROKL5A1OLE&pf_rd_r=07A945FFC7CF23ZYAWSC

Pebbell GPS SOS Alarm, a multi-purpose tracking device, that can include GPS location finder and alerts and a GEO Fence Alarm. Visit <http://www.pebbell-gps.com/hoip-pebbell>

HoIP Telecom Store, Pebbell, Tag-Way. This looks a new good value easy to use GPS locator device for carers who feel comfortable using a smart phone <http://www.hoip-telecom.co.uk/apps/webstore/products/show/6427419>

Apps

Social Story apps:

<http://www.lcsc.org/cms/lib6/mn01001004/centricity/domain/21/socialstories.pdf>

Voice reminder app:

Aide Reminder

Aida Reminder lets you create reminders very easily and quickly. Recurring reminders are fully supported, you can set hourly, daily, weekly, monthly and yearly reminders, or even days of the week or month. It also has a wake-up alarm with custom snooze time. Visit: <https://itunes.apple.com/us/app/aida-reminder-lite-voice-reminders/id469454389?mt=8>

To see a clip of how to set up a reminder visit: <https://vimeo.com/47514712>

App Crawlr - App Adviser – visit for a range of reminder apps

<http://appcrawlr.com/app/related/410939>

Life Reminders

Never forget anything anymore with Life Reminders. Small oversights can have big consequences... Something to do at a given time ? Medicine to take at a certain hour ? An sms to send to wish a happy birthday ? Visit:

<https://play.google.com/store/apps/details?id=com.payneservices.LifeReminders&hl=en>

Visual countdown apps countdown to help a child finish a task within a given time. Visit <http://appcrawlr.com/ios-apps/best-apps-visual-timer> for some examples.

Health apps:

NHS Choices – Health Apps Library

- Discover apps to help you manage your health
- [Reviewed by the NHS](#) to ensure they are clinically safe
- Rated by you and the health care community

Visit: <http://apps.nhs.uk/>

Health Fabric App

The app is focussed on giving both patients and the public the tools to manage and control their own healthy lifestyles. The Health Fabric Store works hand in hand with the app providing users an array of accredited plans. For more information visit: <http://www.healthfabric.co.uk>

App Crawlr - App Adviser – visit for a range of medication reminders:

<http://appcrawlr.com/ios-apps/best-apps-pill-reminder>

Standalone Solutions:

Medpage Limited T/A Easylink UK,

Provides care electronic products to individual consumers, and professional healthcare. Their catalogue of products includes monitors to detect epileptic seizures, daily living aids, sensory loss, fall prevention and wander detection alarms, help call systems, access control and video monitoring systems, memory and communications aids and security products. Visit: <http://www.easylinkuk.co.uk/>

Talk to type

Apple – Siri.

Learn more by visiting: <https://www.apple.com/uk/ios/siri/>

Type to talk

Google Play – Type and Speak

Make your phone say out loud whatever you type. Save speech to use as ringtones and alarms. Share text and web sites from other apps to Type and Speak to have them read aloud. Visit:

<https://play.google.com/store/apps/details?id=com.googamaphone.typeandspeak&hl=en>

Autism app:

Link to The Guardian article on how assistive technology changes lives of people with autism: Visit: <http://www.theguardian.com/social-care-network/2015/oct/01/assistive-technology-autism-autech-biometric-wrist-bands>

Brain in Hand – personal technology for independent living. Is designed to help individuals with autism to achieve more. It is based on well-established therapeutic principles such as CBT, solution focussed therapy, and recovery based rehabilitation allowing the learning from these approaches to be turned into a set of patient centred strategies. Visit: <http://braininhand.co.uk/what-is-brain-in-hand/>

Communication app:

Proloquo2Go:

English and Spanish symbol-supported communication app to promote language development and grow communication skills, from beginning to advanced communicators.

Visit: <http://www.assistiveware.com/product/proloquo2go>

Healthcare app:

£12 per year.

<http://www.hulldailymail.co.uk/Humber-NHS-Foundation-Trust-NHS-trial-Health/story-29342238-detail/story.html>

Shared by parents ..

Grimm's Hansel and Gretel ~ 3D Interactive Pop-up Book by StoryToys Entertainment Limited. Offers a host of dazzling, fully interactive pop-up scenes, music, narration and humorous sound effects. Visit: <https://appsto.re/gb/hQZqC.i>

Shampoo Caps

Washes and conditions hair without water. Can be used whilst sitting in a chair.

Visit: http://www.amazon.co.uk/gp/product/B004NS9J34?ascsubtag=pfb-DPD-3-2-1444928724508WG&ref=pfb_DPD_3_2_1444928724508WG&tag=hydfbook-21

Mighty Mug.

http://www.amazon.co.uk/dp/B00CPP8Z4Q/ref=pd_lpo_sbs_dp_ss_1?pf_rd_p=569136327&pf_rd_s=lpo-top-stripe&pf_rd_t=201&pf_rd_i=B00CPP8Z1O&pf_rd_m=A3P5ROKL5A1OLE&pf_rd_r=0D3Y8K16H9NTFM7NEN1B
http://www.dexam.co.uk/Brands/Mighty_Mug

Colour shower head

http://www.amazon.co.uk/dp/B001RVJ53C/ref=pd_lpo_sbs_dp_ss_1?pf_rd_p=569136327&pf_rd_s=lpo-top-stripe&pf_rd_t=201&pf_rd_i=B005MM2D3I&pf_rd_m=A3P5ROKL5A1OLE&pf_rd_r=0W2FRHMYHBB5NXZ2XFT

GoGlow Night Lights with built in torch visit: <http://www.worldsapart.com/our-brands/goglow/>

Boogie Board <http://www.myboogieboard.com/ewriters> an electronic note maker

Harness for those learning to ride a bike /alternative to reins

<http://crikeybikey.com/>

Steam Iron with automatic shut off. For example visit: <http://goo.gl/dUWMH9>

Websites for Carers:

<http://www.carersuk.org/help-and-advice/our-products-for-carers>

<https://www.rallyroundme.com/welcome>

<https://www.finerday.com/>

Get connected newsletter - shows a range of solutions for people with video clips linked to case stories. Visit <http://wm-adass.org.uk/get-connected-newsletter/>

Stoke Independent living Centre(ILC)

<http://www.stoke.gov.uk/ccm/content/social-care/adult-social-care/mobility-and-independent-living-centre.en;jsessionid=aKDOYwNJ9dU4>

Although the resource is funded for Stoke residents, the shop is open to all and Jim is able to book the building for training and awareness sessions.

Mental health

NHS Choices: Mental Health

<http://www.nhs.uk/tools/Pages/Toolslibrary.aspx?Tag=Mental+health>

Mind, Charity - Apps for Wellbeing and Mental Health

<http://www.mindcharity.co.uk/health-concern/apps-wellbeing-mental-health-article/>

Disability accessibility iPad/iPhone

How to use Accessibility features in iOS. Learn how to turn on Voice Over, Zoom, Invert Colors, and other Accessibility features in iOS.

<http://support.apple.com/en-gb/HT5018>

Ability Net – Factsheet on Tablet Computers.

Increasingly AbilityNet is being asked to recommend which tablet computers would be most effective for people with disabilities to use. The answer unfortunately is not straight forward so they have written a factsheet to help people understand the differences. Visit: <http://www.abilitynet.org.uk/factsheet/tablet-computers>

Ability Net – How to make your computer easier to use.

Visit website to look at the many ways you can make your keyboard and mouse, Windows, the internet and your favourite applications suit you and your needs
<https://mcmw.abilitynet.org.uk/>

The links below are the result of a local man with MS wanting to future proof his love of watching football as he is finding remote controls increasing challenging. He wanted to invest in a new TV with voice activation to avoid missing the match!!

http://www.amazon.co.uk/dp/B00CE5DI8U/ref=pd_lpo_sbs_dp_ss_2/278-5531332-3160046?pf_rd_m=A3P5ROKL5A1OLE&pf_rd_s=lpo-top-stripe&pf_rd_r=0HAQWG4HP2MKBSV6R822&pf_rd_t=201&pf_rd_p=569136327&pf_rd_i=B004134LPM

<http://www.trustedreviews.com/lg-smart-tv-review-voice-recognition-and-recommendations-page-2>

<http://assistivetechology.about.com/od/ATCAT1/a/Panasonic-Adds-Voice-Guidance-To-2012-Tvs.htm>

Deaf/Hearing Impairment

Braci smart ear app turns a mobile phone into a listening and alerting device smart ear app, that turns a mobile phone into a listening and alerting device (which is compatible with the Pebble smart watch and any Android wear). Visit: <http://www.braci.co/>

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This list is not a recommendation. It is information gleaned by parents, carers and others that may be of use to others.

While every effort is made to ensure accuracy, and information included in good faith, we accept no responsibility for the accuracy of any information in this information sheet.